



**2019 Inside-Out Sports Turkey Trot
Mail-In Registration Form
Thursday, November 28, 2019**



| Select ✓ | Event | Start Time | Registration Fee | | Race Staff Use | |
|-------------|---|---------------|------------------|----------|----------------------|--|
| | | | Advance | Race Day | Amount Collected: | |
| | 1 Mile Fun Run | 8:30 am | \$15 | \$20 | | |
| | 8K Main Event | 9:00 am | \$30 | \$35 | Payment Method: | |
| | Kids Dash (for ages 7 and under) | 10:30 am | \$10 | \$15 | Date Collected: | |

Participant Information:

First Name: _____ **Last Name:** _____

Email: _____ **Gender (please circle):** **M** **F**

Phone: _____ **Birthdate (MM/DD/YY):** _____

Street Address: _____

City: _____ **State / Zip:** _____

Competitive Club / Team (if applicable): _____

REQUESTED T-shirt Size IF AVAILABLE (please circle): **MS MM ML MXL MXXL** **WS WM WL WXL WXXL** **YS YM YL**

Emergency Contact Information:

Contact Name: _____ **Phone:** _____

Waiver: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agreed to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with participating in the Inside-Out Sports Turkey Trot, including, but not limited to, falls, contacts with other participants, the effects of the weather, including high heat and/or humidity, traffic and conditions of the road, all such risks being known and appreciated by me. // Having read this release and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act in my behalf or on behalf on my estate, waive and release Inside-Out Sports, the Race Director, FS Series, the Town of Morrisville, and the Town of Cary and all sponsors of the race, any other persons assisting with the race, the officers, Board, Board members, agents, servants, employees, and their successors and assigns of each and every of the above from all claims or liabilities of any kind arising out of my participation in the race even though the liability may arise out of negligence or carelessness on the part of the persons referred to in this waiver. // I also grant permission for the use of any photographs, motion pictures, recordings, or any other record of my participation in this event for any legitimate purpose. I understand that if the race is canceled because of circumstances beyond the control of the race committee and sponsors, including, but not limited to, unsafe weather conditions or governmental ban, my entry fee will not be refunded. // I have read and agree to this waiver.

Participant Signature: _____ **Date:** _____

Form may be mailed or dropped off with payment to: **Inside-Out Sports, 2002 Grisdale Lane, Cary, NC 27513**
Form MUST BE RECEIVED by 6pm, Wednesday, 11/27/19.

Further information: www.OutOfSportsTurkeyTrot.com **Questions:** Jill@InsideOutSports.com