



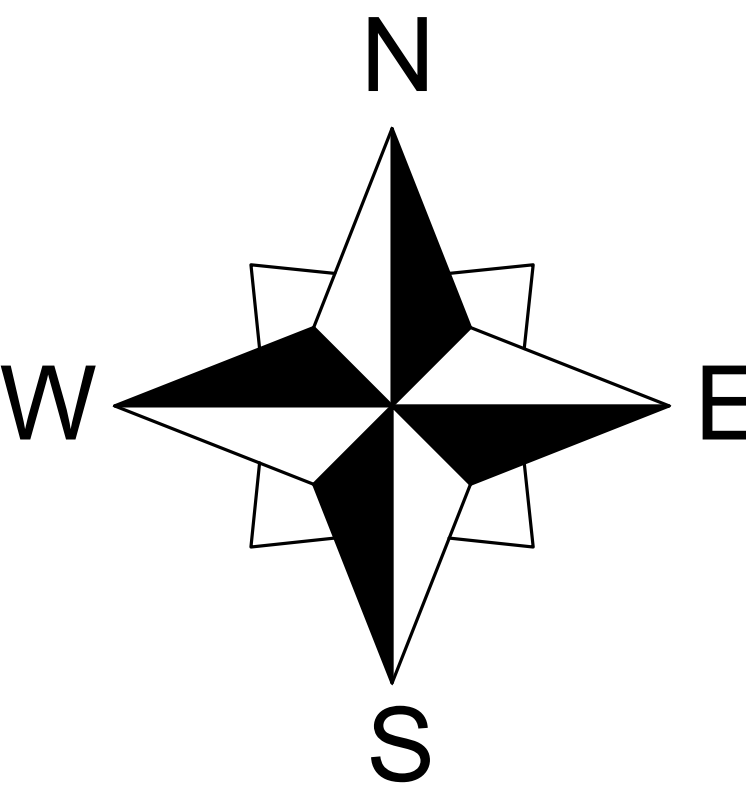
Course Legend:

Swim ——— 300M

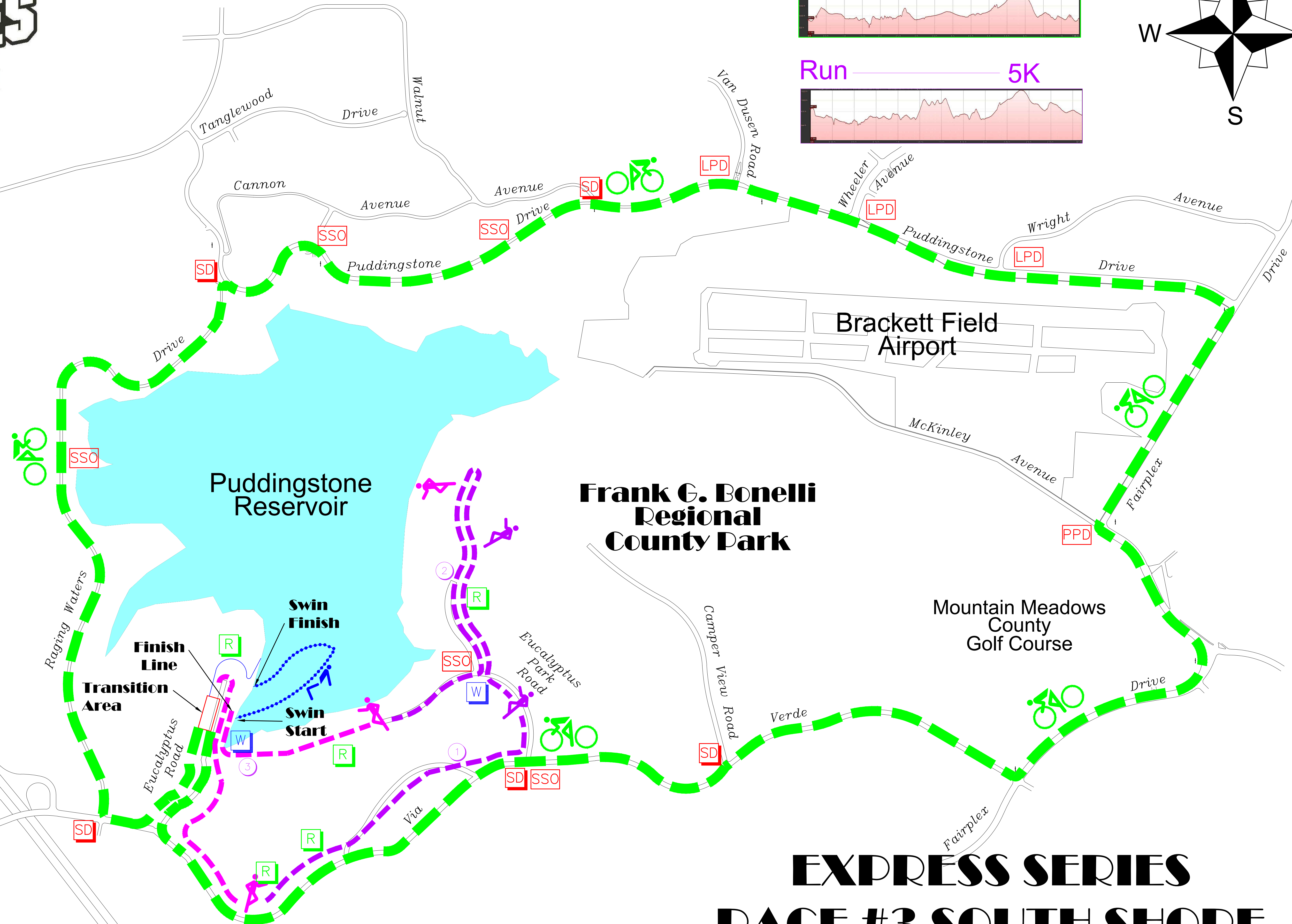
Bike (1 lap) ——— 13.2K



Run ——— 5K



- LEGEND**
- # Mile Marker (RUN)
 - W Water Station
 - SD Sheriff Deputy
 - SSO Sheriff Security Officer
 - LPD La Verne PD
 - PPD Pomona PD
 - R Restrooms



Presented by
TRIEVENTS

EXPRESS SERIES RACE #3 SOUTH SHORE (Bike 1 Lap)