**2019 Band on the Run 5K**

  **Mail-In Entry Form**

 **(One Entry Per Person)**

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Sex: M F Age on Race Day \_\_\_\_\_\_\_\_\_\_\_\_

Date of Birth \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone Number \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**T-Shirt Size** (Adult) sm med large xl xxl

**Early Registration**

**Event Entered 5K** \_\_\_\_\_\_\_\_\_\_ $25.00

Early Entry Fee (Price includes T-Shirt

$25.00 received by Feb 15th)

**Late Registration**

**Event Entered 5K \_\_\_**\_\_\_\_\_\_\_\_\_ $30.00 (Registration beginning Feb 16th -T-shirt not guaranteed).

**Additional Donation**  $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Additional T-Shirt $12.00 \_\_\_\_\_\_\_\_\_\_\_\_**

**I have read and agree to the race waiver printed on the back of this form:**

**Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date\_\_\_\_\_\_\_\_\_**

(Parents signature if participant is under18

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

 **5K Course Route**



**Please make checks payable to:**

 **BBFV**

 **(Please do not send cash)**

**How to Register:**

**1.**  **Entrants may mail their completed entry form to:**

**BBFV**

**c/o Matt Edwards**

**201 Bengal Blvd.**

 **Fuquay Varina NC 27526**

**(Early Registration must be received by February 15th, 2019)**

**2. Register online using a credit card at www.runnc.com. Deadline for online registration is February 21nd, 2019.**

**Entrants may register at the school on race day at 7:45AM.**

 **Band Boosters**

 **of Fuquay Varina**

 **High School 2019**

 ***Band on the Run***

 **5K**



 **Saturday,**

 **February 23, 2019**

 **9:00AM**

 **Fuquay Varina High School**

 **Saturday, February 23, 2019 9:00AM**

***WELCOME***

 The Band Boosters of Fuquay Varina High School would like to invite you to participate in the Band on the Run 5K. All proceeds from the event will benefit the Band Programs of Fuquay Varina High School.

***Location:*** The USATF certified course event will START and FINISH at the **Fuquay Varina High School at 201 Bengal Blvd. Fuquay Varina, NC 27526** (see course route). The race will begin promptly at 9:00 AM on Saturday, February 23, 2019. Timing by Young & Associates

***Awards:*** The awards ceremony will be held 30 minutes after the completion of the race. 1St, 2nd, and 3rd overall male and female winners will receive awards.

***Registration and Packet Pick-Up:*** All Pre-reg. Race-Day registration and packet pick-up will be on site at the registration tent from 7:45- 8:50am.

***Race Information:*** Parking will be available at the Fuquay Varina High School. Wheelchairs and strollers will be allowed. In the interest of safety, no animals, skates, skateboards or bicycles will be allowed.

***Special Prize Categories***

***Best Dressed Male/Female***

***Overall School Spirit (any level)***

***Best Couple***

***Most Instrumentalist Runner***

***Band Parent Relay (team of 3)***

Judging will be conducted at 8:45 prior to race. (1st four categories)

 ***Band On the Run***

 ***Sponsors***

John Deere

Revels Turf and Tractor

Quality Equipment

McGrath Enterprises LLC,

Assaggio’s Pizzeria

Johnson Pond Learning Center

Fuquay Family Dentistry

Peak Performance Physical Therapy

For more information or if you would like to sponsor this fundraiser please contact Michael Wallace at 919-747-1399 or at mwallace016@nc.rr.com

***About our 5K and our goals...***

The Band on the Run 5K run is designed to bring our school and community together. The proceeds will be used to support the band program's capital campaign to repair and purchase instruments.

 **2019 Band on the Run**

 **Race Waiver**

**Waiver**

By signing this Release and Waiver, I, for myself, or as a parent or guardian of

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(name of Child

participating, if under 18), acknowledge that running a road race is a potentially hazardous activity, and that there are risks involved in participating. I (or my child) should not enter or run unless I am (or my child is) medically able and properly trained. I (or my child) agree to abide by all rules and any decisions of a race official relative to my (my child's) ability to complete the run safely. I (for myself, and for my child, if participating) assume all risks associated with participating in this event including, but not limited to : falls contact with other participants, the effects of the weather, including rain and cold temperatures, and traffic and road conditions, such being known and appreciated by me. I (for myself and for my child if participating) and along w, or representative/ours heirs, executors and administrators enter into this release. Having read and understand this Release Waiver and in consideration of your accepting my (my child's) rights to make any legal claim against, or to sue BBFV, their employees, agents, and representatives and all other sponsors, for any injuries or property damage sustained by me or my child because of my (or my child's) voluntary participation in the road race or walk.

It is my intention to release BBFV, their employees, agents and representatives and all other sponsors, from all claims and liability of any kind arising out or related to my participation in the road race and walk.

I grant permission to all of the foregoing to use photographs, video recordings, or any other records of this event for any legitimate purpose.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Participant Signature Date**

**Parent Signature (if under 18)**