

12.01.18 | Wake Forest, NC

10k & 5k



To Benefit



**COURSE DETAILS**

- Start in front of Gatehouse Tavern
- Follow Road East to Friendship Chapel
- RIGHT on Friendship Chapel
- LEFT on Heritage Hills
- LEFT on Dimock
- LEFT on Basley
- RIGHT on Walters
- LEFT on Heritage Hills
- CROSS Heritage Lake
- LEFT on Wilts Dairy
- RIGHT on Dunn Creek Greenway (trail), U-TURN at Bridge
- Follow Greenway South to Rogers Road
- LEFT on Sidewalk on Rogers Road
- LEFT into Hope Lutheran Church to Trentini
- LEFT on Heritage Lake (Left Lane Shoulder)
- SLIGHT LEFT to Sidewalk, past Smith Creek Park (soccer park)
- RIGHT on Heritage Hills
- RIGHT on Walters
- LEFT on Basley
- RIGHT on Dimock
- RIGHT on Heritage Hills
- RIGHT on Friendship Chapel
- LEFT into Gateway Commons to Finish

**RACE TIMES**

- 8:00am: 10K Start
- 8:05am: Self-starting 1-Mile Family Walk
- 8:15am: 5k Start

**LEGEND**

- Start/Finish
- Mile Marker
- Water Stop
- U-turn

