# Paws For Life 5K-9 Road Race Registration Form

Please fill out this form completely and return with your race fee to: Paws for Life, PO Box 338, Youngsville, NC 27596 or go to <u>www.pawsforlifenc.org</u> and register and pay online. Registration must be received by October 6th to guarantee your t-shirt the day of the race. Registration on race day will be from 8:30 AM to 9:45 AM.

Name	
Address	
City	State Zip
Day Phone	
E-mail:	
Choice of events: (NO te	•
□ Individual 5K Participant \$25 (after Oct 6th \$30) □ Female □ Male	

<sup>1</sup> 1 Mile Dog Walk \$20 (after Oct 6th \$25)

Additional Donation Amount \$\_\_\_\_\_

 $\Box$  T-Shirt size:  $\Box$  S  $\Box$  M  $\Box$  L  $\Box$  XL

Your Age on October 27th, 2018\_\_\_\_\_

Canine Name:\_\_\_\_\_ Breed: \_\_\_\_\_

5K Race is for runners/ walkers & 1 Mile dog walk is for dogs & walkers. **No dogs allowed in 5K Race**. Your registration fee includes a race t-shirt and dog bandana (for Dog Walk Participants only). Trophies will be awarded to the 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place finisher overall & 1<sup>st</sup> place finisher in each age category. All participants will automatically be enrolled in a raffle to benefit PFL. Additional tickets will be available for purchase day of the event. Raffle drawing will immediately follow the race.

# Runners will be timed using ChampionChip. This technology enables race results to be posted before the last runner finishes. There will be an \$8 charge for a lost chip.

#### **TROPHY CATEGORIES:**

**Men**: under15,16-19,20-24, 25-29,30-34,35-39,40-44,45-49,50-54,55-59,60-64,65+ **Women**: under15,16-19,20-24, 25-29,30-34,35-39,40-44,45-49,50-54,55-59,60-64,65+



& One Mile Dog Walk & Pet Halloween Costume Contest



Courtesy of www.sarahellisphotography.com



Location: Wake Forest, NC Date: October 27th, 2018 Sponsored by Paws for Life NC (FCHS)

## Location: Wake Forest, NC Date: October 27th, 2018

#### **EVENT SCHEDULE:**

Registration begins 8:30 AM 5K begins at 10 AM 1-mile dog walk begins at 10:15 AM

#### **STREET-BY-STREET ROUTE:**

5 K Walkers/Runners

Starting point- Wake Forest College Birth Place on Main Street (450 N. Main Street, Wake Forest) Cedar- Mill - Chestnut-Main to Harris- Oak to Wingate-Rock Springs (beside WF/ Rolesville HS) to Pine & back to Main Street to WFCBP

Walkers/dogs (1 mile dog walk)

Starting point- Wake Forest College Birthplace. N on Main Štreet, E on Cedar, Mill Štreet, E Chestnut Ave, E. Cedar Ave, North on Main back to WFCBP

Parking- Street parking is limited, overflow can use lot across from WF Baptist Church (Seminary) or across from WFR High School. Look for 5K Parking signs. For map go to www.pawsforlifenc.org.

#### EVENT INFORMATION:

Items to bring: registration fee (if registering on site); comfortable walking/running shoes; proof of current rabies vaccination for your dog; plastic bags for dog clean up; your dogs leash; your dog. The race will begin at the Wake Forest College Birthplace. For more information in regards to the race route, please visit our website www.pawsforlifenc.org.

#### **RULES FOR THE EVENT:**

Dogs must have current proof of rabies vaccination at time of registration. A parent or guardian must accompany children under the age of 13. Dogs must be leashed at all times (6 ft leash or shorter, no flex leads please). Only well-socialized dogs who get along with other dogs, people and are comfortable in a crowd are welcome at this event. The event director reserves the right to refuse any dog that may be dangerous or disruptive to the race. \*Aggressive/dangerous dogs will be asked to leave. You are responsible for cleaning up after your dog.

Please remember to walk at a moderate pace (consider the weather and age of your dog) and be courteous of your fellow walkers/runners.

### Waiver / Liability Release

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in the (5k) on 10/21/17 including but not limited to falls, contact with other participants, effects of weather including high heat/humidity, low temperature, traffic, and conditions of the road, all risks being known and appreciated by me.

Having read this release and knowing these facts and in consideration for your accepting my entry, I, for myself, and anyone entitled to act in my behalf of my estate, waive and release Paws for Life (Franklin County Humane Society). Young & Associates, the City of Wake Forest, all sponsors of the race, any other persons assisting with the race, the officers, Board Members, agents, servants, employees, and their successors, and assigns of each party and every of the above from all claims and liabilities of any kind arising out of my participation in the race.

I also grant permission for the use of any photographs, motion pictures, recordings, or any other record of my participation in this event for any legitimate purpose. I understand that if the race is cancelled because of circumstances beyond the control of the race committee or sponsors, including but not limited to unsafe weather conditions or governmental ban, my entry fee will not be refunded.

without it.

 $\hfill\square$  I have read and signed the waiver/release on the back of this form. We cannot accept your race application

Signature\_ Date

#### About Paws for Life Animal Rescue

PFL is a 501(c) 3 nonprofit organization comprised entirely of volunteers from Franklin County and throughout the state and country. It was formed in 2002 to help solve the problem of unwanted dogs and cats in this region. Its long-term goal is to build an animal shelter where area pets can find safe refuge until they can be adopted to permanent homes. Its immediate goals are to develop a strong foster program to remove adoptable animals from the Franklin County Animal Control facility and to decrease the number of unwanted dogs and cats in Franklin/North Wake counties through spay/neuter and public education programs.

If you would like more information about Paws for Life or would like to volunteer, please go to our website at www.pawsforlifenc.org or call 919-990-1045.