

# GOMR LEGS 16/34 – 6 miles – VERY, VERY HARD

## Elevation (feet):

Start	3002'
End	2960'
Gain	+882'
Loss	-932'

**Leg Description:** 850' of climb in the first 2.4 miles on gravel and almost 900' down in the next 2.4 make this a very, very hard run. Stunning views at the top of Airbellows and coming down Brown.

## Leg Legend:

- 0.0 Head West on Airbellows Gap Road
- 0.11 Right on Waterfall Road
- 2.36 Left on Airbellows Gap Road
- 2.95 Right on Brown Road
- 5.22 Right on Pine Swamp Road
- 5.98 Left into Macedonia Free Will Baptist Church Exchange at Macedonia Free Will Baptist Church

**Leg Notes:** Combination of paved and gravel roads on this route. Waterfall Road hangs a sharp left at Deer Falls Lane intersection. Don't go into the residential neighborhood. Look for sign. Run on Left.

