

# GOMR LEGS 12/30 – 5.82 miles – VERY HARD

## Elevation (feet):

Start	2889'
End	2597'
Gain	+576'
Loss	-875'

## Leg Legend:

- 0.0 Head West on Piney Creek School Road
- 3.04 Left on Kings Creek Road
- 3.11 Right on Topia Road
- 5.78 Right on Allen Road
- Exchange at intersection of Allen and Topia

**Leg Description:** Great view of the New River Valley at the peak on Piney Creek School Road. The long downhill and two climbs make this a very hard run.

**Leg Notes:** Rural paved roads. Usually little traffic.

