

# GOMR LEGS 4/22 – 7.32 miles – VERY, VERY HARD

## Elevation (feet):

Start	2768'
End	2823'
Gain	+745'
Loss	-679'

**Leg Notes:** Reflective vests are required day or night on this leg, as a portion is on the Parkway. Rural paved roads. Glade Valley Road is heavily traveled with large trucks. Be alert when crossing to Barrett and back onto Glade Valley from Wagoner Ridge.

## Leg Legend:

- 0.0 Leave Saddle Mountain Union Baptist Church on Saddle Mountain Church Road
  - 1.78 Right on Blue Ridge Parkway
  - 1.86 Left on Hardin Camp Road
  - 2.54 Left on Glade Valley Road
  - 2.93 Right on Barrett Road
  - 5.09 Left on Wagoner Ridge Road
  - 6.87 Right on Glade Valley Road
- Exchange at Glade Creek Volunteer Fire Department

**Leg Description:** The length and steep climbs on Saddle Mountain and Wagoner Ridge make this very, very hard.

