

GOMR LEGS 3/21 – 4.52 miles - HARD

Elevation (feet):

Start	2605'
End	2768'
Gain	+562'
Loss	-384'

Leg Legend:

- 0.0 Head Southeast on Mountain View Road
 - 0.13 Straight across Parkway to Mountain View Road
 - 1.04 Left on Mountain Lake Road
 - 4.5 Right on Saddle Mountain Church Road
- Exchange at Saddle Mountain Union Baptist Church

Leg Description: Spectacular view at the beginning of Mountain Lake Road. Run on Left. Exchange is at the intersection of Mountain Lake and Saddle Mountain.

Leg Notes: Reflective vests are required day or night on this leg, as a portion is on the Parkway. Rural paved roads, with about 1 mile of gravel on Mountain Lake.

