

Run For Resilience Ostomy 5K

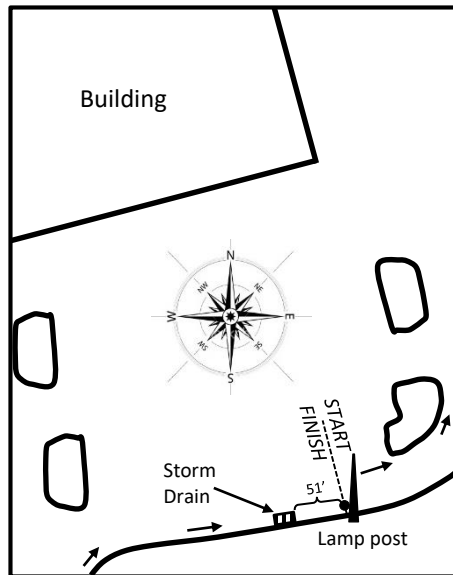
Durham, NC

Measured by: Eric Gilchrist (8/20/17)

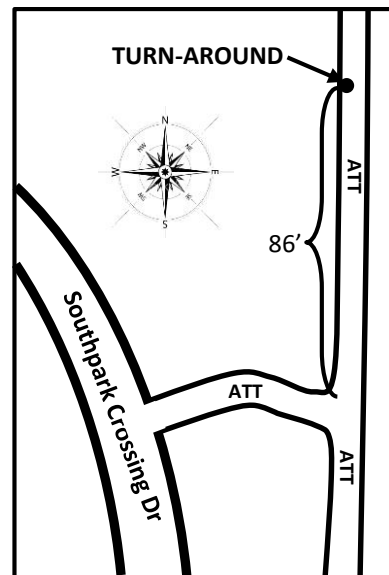
Eric_Gilchrist@unc.edu

Map IS drawn to scale.

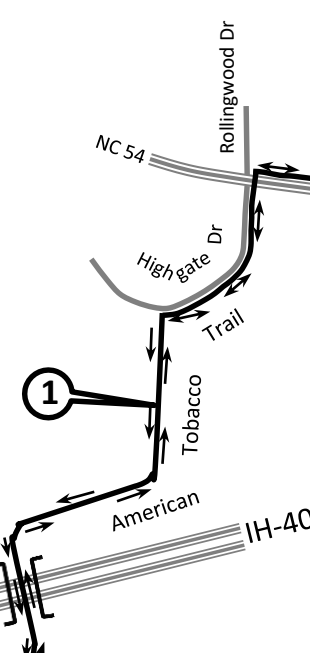
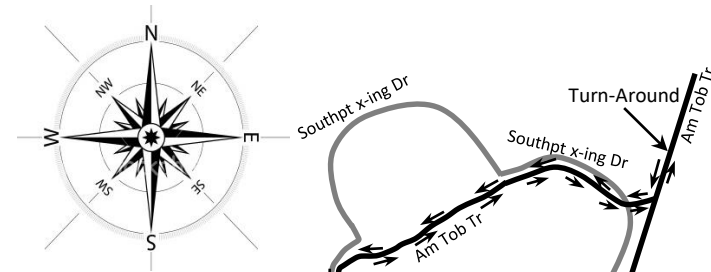
Not all cross streets and intersecting streets are shown.



START / FINISH



TURN



Start: In front of commercial building adjacent to American Tobacco Trail: GPS: N35°54.226' / W78°57.052' (See Detail).

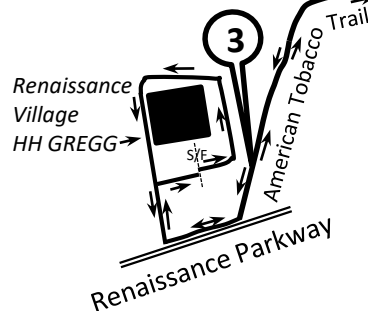
Mile 1: American Tobacco Trail 48 feet east of 7.00 mile marker, nail and washer with white paint "1M": GPS: N35°54.327' / W78°56.303'.

Turn-around: Tobacco Trail: GPS: N35°54.818' / W78°56.063' (See detail).

Mile 2: Southpoint Crossing Dr, 123 feet from Intersection with NC HWY 54, and 15 feet from storm drain in street adjacent to Trail. Nail and washer with white paint "2M": GPS: N35°54.690' / W78°56.354'.

Mile 3: West side of Trail, 105 feet from entrance to American Tobacco Trail from Renaissance Parkway. Nail and washer with white paint "3M": GPS: N35°54.229' / W78°57.027'.

Finish: Same as Start.



LANE USAGE – Make sure turns are clearly marked/manned by course monitors

Start (See Detail). Parking Lot in front of building adjacent to American Tobacco Trail (ATT), proceed east following the drive-way staying to the right of fixed parking medians. Turn Left behind the last commercial building and proceed west to the first (main) driveway. Turn left staying to the right of all fixed parking medians to Renaissance Parkway. **Runners have use of whole parking lot and associated drives on the course.** Exit the shopping center turning **Left** onto the north sidewalk on Renaissance parkway, sidewalk only. Immediately turn **Left** onto the American Tobacco Trail. **Runners stay to RIGHT of yellow line at all times on Tobacco Trail.** Turn **Right** onto sidewalk at Highgate Dr and continue to NC-54, sidewalk only. Cross NC-54 and turn **Right** on sidewalk on north side of NC-54. Proceed, sidewalk only, to rejoin the Tobacco Trail at Southpoint Crossing Dr. Turn **Left** onto Tobacco Trail and continue to where the ATT intersects the eastern end of Southpoint Crossing Dr. Proceed through the cross-walk and up the hill to the "T" intersection with the ATT. Turn left and proceed to the **Turn-around** point (See detail). Return to Renaissance Parkway via the same route. Exit the Tobacco trail **Right**, sidewalk only, at Renaissance Parkway then turn **Right** immediately into the east entrance to the shopping center. Proceed to the first right in the parking lot and finish at the common start/finish line (see detail).