



## 6<sup>th</sup> ANNUAL STAMPEDE 5K SUPERHERO RUN & MUSTANG MILE

Saturday, April 22<sup>nd</sup> 2017

**5K: 10:00am (Rain or Shine)**

**Mustang Mile: 11:00am**

### REGISTRATION FORM:

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Email \_\_\_\_\_ Emergency Contact \_\_\_\_\_  
Phone \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age on race day \_\_\_\_\_ Sex M / F (Name/Number)

I Plan to enter: 5K \_\_\_\_\_ Timed Mustang Mile \_\_\_\_\_

Shirt Size: S M L XL  
ADULT

M L (Circle one) To ensure you have a shirt, register by 4/5/17  
YOUTH

### Amount Enclosed:

<b>5K</b>	
WCPSS Student/Staff/18 yrs and younger	\$20
All other runners	\$35
Phantom runner (for those that don't want to run but help by making a donation)	\$
<b>Mustang Mile</b>	
All runners	\$15

**Make checks payable to MCHS Stampede Club & mail it to: Stampede 5K c/o Silvia Robertson, 8660 Forester Ln  
Apex NC 27539**

#### Stampede 5K & Mustang Mile Fun Run Waiver

As a participant in the 5K Stampede Run, I, for myself, my executor, administrator, and assigns, do hereby release and discharge the Town of Cary, Town of Apex, Young & Associates, Silvia Robertson, Denyce Sugarman and Middle Creek High School, the MCHS Stampede Club, their management, their officers, members, sponsors, organizers, or their representatives, or their successors, and all cooperating businesses and organizations from all claims of injury, damage, demands, actions, and causes whatsoever, in any manner arising or growing out of my participation in the event.

I give the MCHS Stampede Club full permission for the use of my name and photographs. I understand that the entry fee is not refundable. I also give my full permission for such first aid as is deemed necessary to be provided to me on the premises or prior to transport to a medical facility for further treatment. As a participant, I certify that all information provided is accurate and complete.

Signature \_\_\_\_\_ Date: \_\_\_\_\_

Parent or Guardian (if participant is under 18 years of age) \_\_\_\_\_ Date: \_\_\_\_\_



## 6<sup>th</sup> Annual Stampede 5K Superhero Run & Mustang Mile

Saturday, April 22<sup>nd</sup> 2017

**5K: 10:00am** (Rain or Shine)

**Mustang Mile: 11:00am**

The **Stampede 5K Superhero Run** is pleased to announce a new run course, flat, fast and easy! (<https://routes.rungoapp.com/route/yAr01eZyxZ>) It will be a timed course with a start and finish in the Mustang Stadium at Middle Creek High School, 123 Middle Creek Park Ave, Apex NC 27539 the **Mustang Mile** will be on the stadium track at approximately 11:00am, following the 5K. All proceeds benefit the MCHS Stampede Club's efforts to support the athletic program, scholarship and student athletes at Middle Creek High School.

### Ways to Register:

1. **Mail form and payment to:** Stampede 5K c/o Silvia Robertson 8660 Forester Ln, Apex NC 27539 (make checks payable to **MCHS Stampede Club**)
2. **Visit our website** <http://www.stampedeclub.org> and following the link to register on line through <https://runnc.com/ra/r/6th-annual-stampede-5k-mustang-mile/> (may use a credit card with this option)
3. **Race Day Registration:** April 22<sup>nd</sup> from 9am to 9:45am at MCHS Stadium.

EVENT	Who	What's Included	Fees
Stampede 5K Superhero Run	WCPSS Students/ Staff 18yrs and younger	Timed race bib, race t-shirt and goodie bag	\$20 (up to race day)
	All other runners	Timed race bib, race t-shirt and goodie bag	\$ 35 (up to race day)
Mustang Mile	All runners	Untimed race bib (Can purchase a shirt on race day)	\$15(up to race day)

\*Packet pick-up will be announced at school and posted on-line. You can also pick it up on race day.

\*5K Recognition: 1<sup>st</sup> place overall male and female (Trophy, gift certificates and gifts. Up to date value of over \$100 and may go up)

\*Best Costume recognition for male and female gift card and gift.

Questions: Contact Silvia Robertson [stampedeclub5k@gmail.com](mailto:stampedeclub5k@gmail.com)