



5K Run/ Walk Nepal Earthquake Relief Efforts by Nepal Center of North Carolina, Inc.

SUNDAY APRIL 30TH, 2017 8:30 AM, TOWN HALL DRIVE, MORRISVILLE, NC 27560

*Run4Nepal * NCNC * Run4Nepal * NCNC * Run4Nepal * NCNC * Run4Nepal * NCNC * Run4Nepal * NCNC * Run4Nepal * NCNC * Run4Nepal * NCNC * Run4Nepal * NCNC * Run4Nepal * NCNC * Run4Nepal * NCNC * Run4Nepal * NCNC * Save Nepal * Help Nepal * Pray for Nepal * Stay Strong * Rebuild Nepal * Save Nepal * Help Nepal * Pray for Nepal * Stay Strong * Rebuild Nepal * Save Nepal * Help Nepal * Pray for Nepal * Stay Strong * Rebuild Nepal * NCNC * Run4*

NAME: _____ SEX: M F
 ADDRESS: _____
 CITY: _____ STATE: _____ ZIP: _____
 TELEPHONE: _____ EMAIL: _____
 AGE ON RACE DAY: _____ DATE OF BIRTH: _____
 T-SHIRT SIZE ADULT (Circle One): XS S M L XL

Event Entered:

5K Run/ Walk (Official Times): _____ **5K Run/Walk (No Official Times):** _____

The entry fees are \$25 (no timed) and \$30 (timed) up to and including April 20, \$30 (no timed) and \$35 (timed) from April 21-29, and \$40 (timed) and \$35 (no timed) on race day. T-shirts are included with the entry fee, guaranteed to all those registered by April 20th. After that date, it will be "as available."

Liability Waiver

I understand that running a road race is potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road or trail, all such risks being known and appreciated by me. Having read this waiver and understanding these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the promoters, managers and operators of the Run4Nepal, the Nepal Center of North Carolina, the Town of Morrisville, Jim Young, Young & Associates, the Race Director, the Race Committee, and all volunteers, sponsors, their representatives and successors, from all claims or liabilities of any kind raising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I also agree to be contacted by the organizers or sponsors via e-mails until I am afforded the opportunity to opt out of future mailings. I grant unrestricted right and permission to copyright and use/re-use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. I understand that bicycles, skateboards, roller skates or blades, animals and radio headsets are not allowed in the race, and I will abide by these guidelines. If, for reasons out of the organizers' control (i.e. an ice storm or such), the race is cancelled and not rescheduled, the organizers will make all t-shirts available to those that registered. However, the organizers will ensure that every effort is made to run the race, as long as it is safe to do so.

I hereby affirm that I am over the age of majority and have the right to contract in my own name. I have read the above authorization, release and agreement, prior to its execution; I fully understand the contents thereof. This agreement shall be binding upon me and my representative and assigns.

Signature:

 (Parents or Guardians sign if entrant is age 17 or younger) **Date:** _____

Mail in Registration to:

Run 4 Nepal
 Check Payable To: **Nepal Center of North Carolina (NCNC)**
 105 Chancellors Ridge Ct, Cary, NC 27513

For questions, Contact: Dipu at 919.397.1897, Pragya at 919.395.2734, Manira at 720.473.2456, info@run4nepal.org

Visit Us: <http://www.run4nepal.org> or <http://www.ncnepal.org>