**The 4th Annual Piper’s Promise 5K and 1 Mile Fun Run**

**To benefit: Riley’s Army and The Ronald McDonald House, Greenville Hosted by the Family and Friends of Piper Wilhide, Cancer Warrior**

**Saturday, September 17, 2016, 9:00 AM**

**Village of Walnut Creek**

**103 Village Dr Goldsboro, NC**

**COURSES** - The 5K race course is USATF certified course that takes runners along tree-lined neighborhood street and alongside the fairways of the golf course in the middle of a planned residential community known as the Village of Walnut Creek in eastern North Carolina. The Fun Run/Walk is approximately 1 mile. The 5K starts at 9:00 and 1 mile fun run starts at 9:45. Race day registration will be open at 7:30am.

## **TIMING AND SCORING –** By Young and Associates; results will be announced shortly after the last finishers, and on the internet later at [www.runnc.com](http://www.runnc.com/)

**ENTRY FEES –**5K - $25 if registering online. Race day registration will be $30. Fun Run will be $15 pre-registered and on race day. Entry fee includes quality t-shirt for the first 200 runners to register.

**T-SHIRTS –** Guaranteed sizes to all that are registered by Sunday, September 4th. Some will be available race day.

**AWARDS: 5K -** To the top 3 Male and Female overall, and to the top 3 M+F in each age group listed below: 12 and under, 13-19, 20-29, 30-39, 40-49, 50-59, 60+.

**AWARDS: 1 Mile Fun Run –** To the top 3 M+F overall 12 and under. All finishers will receive their time and placing.

## **REGISTER –** Online at [www.ecrr.us](http://www.ecrr.us/) up to midnight Friday, September 16. Registration on race day will open at the site at 7:30 a.m.

**CONTACTS -** Contact race coordinator: Haleigh Wilhide, hwilhide@gmail.com

**Make checks payable to “Piper’s Promise”, add $2.50 to total and mail to 4620 Wayne Memorial Drive Goldsboro, NC 27534 ATTN: Piper’s Promise**

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# First Name \_ Last \_\_ \_ \_

**Gender Age on September 17th Birth Date Bib Number (by race official)**

**Street City State \_ Zip \_**

**Home Phone \_ Work Phone Shirt Size \_ \_**

**Email Address \_ Extra donation Total enclosed**

I realize that running can be a hazardous activity. I acknowledge and accept the potential risks associated with this event, including, but not limited to, falls, road conditions, weather (extreme heat or cold, rain), and traffic. Taking all of the things into consideration, I, for myself and anyone entitled to act on my behalf, waive and release Piper’s Promise community, Saulston United Methodist Church, Goldsboro Community, Wayne County employees, race staff and volunteers, and all agents, officers, sponsors, their representatives and successors from all claims or liabilities that may arise from my participation in this event. I also give my full permission for photographs and/or video of myself and dependants to be used in legitimate accounts of this event. I also attest that I believe I am healthy and fit enough to safely participate in the event on September 17, 2016, and that I will take full responsibility for my own safety before, after, and during the event.

# Signed \_ \_ \_ \_ Date

**Parent or Guardian if under 18 \_ \_ \_ Date**