



The Tri Express Parent & Child Category is for a parent and their child participating together. The child carry's the chip for the swim, bike & run. Child also wears the bib number for the bike & run. The child determines the pace along the course of which the two of you go. The Child crosses the finish line first. It is basically when the child is newly getting involved with the sport and the parent is alongside supporting them. The youngest age for a child is 8 years.