

Registration Form

Name _____

Address _____

City _____

State _____ Zip _____

Date of Birth ____/____/____

T-Shirt Size: Youth-L Adult- S M L XL

Phone Number _____

email _____

Sex _____ Age on Race Day _____

Fees:

5k Road Race: \$18.00 (Prior to 5/27) _____

\$20.00 (Prior to 6/17) _____

\$25.00 (Race Day) _____

One Mile Fun Run

Individual \$10.00 _____

Total Enclosed _____

(T Shirt Included in Price)

Make Checks Payable to:

Wake Forest Rotary Club

Mail to: Wake Forest Rotary Club

PO Box 1126

Wake Forest, NC 27588-1126

For More Information:

Contact Bob McCamy at 919-621-2428

Register online at www.runnc.com



Wake Forest
Rotary
Club

PO Box 1126

Wake Forest, NC 27588-1126



Race Day June 18th from 7:00 AM

Pre-Registration - June 17th, 5:00 to 8:00 PM at The Factory



Saturday

June 18, 2016

Starting Behind
The Factory
1839 South Main Street
Wake Forest, NC



TWO FUN EVENTS

TIME & PLACE:

TIME: Saturday, June 18, 2016 at 8:30 AM

Start & Finish behind The Factory

PLACE: 1839 South Main Street, Wake Forest, NC

THE 5K ROAD RACE:

This event will be for competitive and recreational runners or walkers. Each participant will be eligible for awards and will receive an official time that will appear in the race results.

ONE MILE FAMILY FUN RUN:

The ONE-Mile Family Fun Run is for recreational runners and walkers who would like to do the event as a family or have their children participate. The runners/walkers will be timed and participating children will receive a medal.

GENERAL:

The Wake Forest Rotary Club is proud to present the 15th Annual 5k Road Race. This year we are proud to have **UNC Rex Health Care as our Title Sponsor.**

Rotary is an international service organization. The men and women of Rotary are business and professional leaders who volunteer their time and resources to help others in their local communities and throughout the world.

All profits from the race will be used for various service projects of the Wake Forest Rotary Club. To learn more about the Wake Forest Rotary Club, come be our guest on Monday nights at 6:30 PM at The Forks Cafeteria in Downtown Wake Forest or view our website:

www.wakeforestrotary.org.

Course:

The 5k course is 5000 meters (3.1 Miles) long and is USAT&F certified. All performances will count toward state records and national rankings. Splits will be called at the one mile and two mile marks. There will be one water stop on the course.

SCHEDULE:

8:30 AM 5k Road Race

9:30 AM One-Mile Fun Run

9:45 AM Awards Ceremony

HOW TO REGISTER:

There are four ways to register:

- ◆ Entrants may mail in the entry form to the address listed on the application. Please do not send cash by mail. Please do not mail after June 4, 2016.
- ◆ Entrants may register online: www.runnc.com
- ◆ Entrants may pre-register on June 17th at The Factory sports complex between 5:00-8:00 PM. Registration desk will be in back lobby.
- ◆ Entrants may register on race day at the start/finish area beginning at 7:00 AM. Preregistered runners can also pick up their race packets and timing chips at this time.

TIME & PLACE:

Awards will be given to 1st, 2nd & 3rd overall male & female finishers

Medals will be given to the top three male & female finishers. In the following age groups: 12 & Under, 13-19, 20-29, 30-39, 40-49, 50-59 and 60-over.

T-SHIRT:

Each registered participant will receive a t-shirt.

SAFETY:

For the safety of all participants and because of insurance requirements, we must prohibit bicycles, roller skates and in line skates from the race. We will also not allow runners and walkers to wear headphones or to run with dogs or other animals.

RACE RESULTS:

The race results will be posted at the awards ceremony on race day and also at www.runnc.com.

PRE-RACE PACKAGE PICK-UP:

Preregistered participants can pick up race packets on Friday June 17th from 5:00 - 8:00 PM at The Factory.

Race Waiver

I know that running a road race is a potentially hazardous activity. I will not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run, never the less I assume all risks associated with running in the Wake Forest Rotary Club 5k and/or the One Mile Fun Run on June 18, 2016, including but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and conditions of the road, all such risks being known and appreciated by me.

Having read this release and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on by behalf or on behalf of my estate, waive and release Young & Associates, the Wake Forest Rotary Club, UNC Rex Healthcare, the Town of Wake Forest, all sponsors of the race, and all of their officers, Board members, agents, servants, employees, and all of their members, The Factory, and their successors and assigns from all claims or liabilities of any kind arising out of my participation in the race or Fun Run even though the liability might arise out of negligence or carelessness on the part of persons referred to in this waiver. I also grant permission for use of any photographs, motion pictures, recordings, or any other record of my participation in the event for any legitimate purpose. I understand that if the race is canceled because of circumstances beyond the control of the race committee and sponsors, including, but not limited to, unsafe weather conditions or governmental ban, my entry fee may not be refunded.

Signature

Parent's Signature (if under age of 18)